

Character Based Literacy Program 40-Minute Lesson Plan

The Skin I'm In, Introduction



Outcomes for the Novel

The Skin I'm In- Sharon Flake

Unit Roadmap

- Unit's big idea or theme = **Integrity Requires Wholeness**
- **Definition: Integrity requires that the way I live my life is whole, entire, undivided, sound, coherent, and principled. Integrity moves me to do difficult and new things, not just easy and accustomed things.**
- Ideally this would be posted in your classroom.

Character Based Literacy Program 40-Minute Lesson Plan

The Skin I'm In, Day 1



Outcomes for Today

Standards Focus

W2. Write informative/explanatory texts to examine a topic and convey ideas, concepts, and information through the selection, organization, and analysis of relevant content.

- a.) Introduce a topic clearly, previewing what is to follow; organize ideas, concepts, and information, using strategies such as definition, classification, comparison/contrast, and **cause/effect**; include formatting (e.g., headings), graphics (e.g., charts, tables), and multimedia when useful to aiding comprehension.
- b.) Develop the topic with relevant facts, definitions, concrete details, quotations, or other information and examples.
- c.) Use appropriate transitions to create cohesion and clarify the relationships among ideas and concepts.
- d.) Use precise language and domain-specific vocabulary to inform about or explain the topic.
- e.) Establish and maintain a formal style.
- f.) Provide a concluding statement or section that follows from and supports the information or explanation presented.

PREPARE

Background Gather background knowledge about a place, time, event, person, or thing.



Integrity Requires Wholeness. Integrity requires that the way I live my life is whole, entire, undivided, sound, coherent and principled. Integrity moves me to do difficult and new things, not just easy and accustomed things.

What are dialects?

Like many works of literature, some are written in a particular **dialect**. This book is one of those books. This is a great opportunity to talk about that.

Word Wall Here are five vocabulary words to teach and add to the Word Wall.

Introduce 5 important, useful words from today's reading

amazon	starched	ricochet	collapse	unraveling
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READ

Review Review the timeline from the beginning every day.

Start at the beginning and review the story so far

- Mention the setting and main character
- Point to each timeline item as you quickly review it

Read Read the selection, usually in a Shared Reading *Read React Predict Cycle* of 2-3 pages.

Read p. 1-10

Setting	Characters	Pages
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McClenton Middle School	Maleeka, John-John, Miss Saunders	1-5
School	Maleeka, Miss Saunders, Tai, Char, Worm	6-10

RESPOND

Timeline Agree on the facts in today's reading and list the 3-5 most important on the timeline.

Students might mention:

- Maleeka shares that John-John has been teasing her about her skin color since 2nd grade.
- She is the tallest, darkest, and 'worst-dressed' kids in school and people tease her for it.
- Miss Saunders is a new teacher at her school with a large white area on her face.
- She is also one of the smartest kids in her grade.
- Miss Saunders and Char have a confrontation.
- Readers discover that Maleeka's father died 3 years earlier.

EXPLORE

Analyze Analyze the key paragraph.

Key Paragraph, p. 5

"That's when I made up my mind. Enough is enough. I deserve better than for people to treat my any old way they want. But saying that is one thing, making it happen is something else" (p. 5).

EXTEND

Write Have each student write a short product based on today's prompt to connect to the unit theme.

What do you think it's like for Maleeka to be teased all the time? Have you ever known someone at your school that was teased a lot? Usually bullies are insecure and therefore need to tease others. **Write a paragraph, as if you were Maleeka's friend, explaining that it takes great courage and integrity to be true to yourself and supporting her statement about not letting people treat her badly.**

When answering the question above, consider the following:

- Use examples from the text.
- Who in the novel thus far has courage and integrity? Who doesn't?
- Why does it take courage to be yourself?
- Use examples from your own life, if you would like.

Close Close by extending today's lesson to life and the world.

1. Describe a time when you were bullied.
2. Describe a time when you could have stopped a bully.

Character Based Literacy Program 40-Minute Lesson Plan

The Skin I'm In, Day 2



Outcomes for Today

Standards Focus

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PREPARE

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Integrity Requires Wholeness. Integrity requires that the way I live my life is whole, entire, undivided, sound, coherent and principled. Integrity moves me to do difficult and new things, not just easy and accustomed things.

How can you not let words hurt you?

Replace it with a positive thought. When someone insults you or say something which you completely disagree with, it keeps repeating in our heads over and over. The reason it keeps going through in our heads is that, more than not, we are taught to deal head on with it. We are told to rationalize it, reason with it and even analyze it...which ends up being an ironic cycle as you passively deal with the thought, which is harming you in the first place.

Simply realize that these are just mere thoughts going through your head. Replace the thought with a more positive one. It could be a good memory, an optimistic view of the future or some cool scenario you'd really like to live. Maybe you'd call that wishful thinking, but if they're just mere thoughts, why use negative ones and let them ruin your day?

Don't let the hurtful words of others take control of your mind. Your mind is your mind, so control your thoughts and cheer yourself up.

Source: <http://www.lifehack.org/articles/communication/how-to-not-let-words-hurt-you.html>

Word Wall Here are five vocabulary words to teach and add to the Word Wall.

geeks	pacing	stares	blotch	concoction
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READ

Review Review the timeline from the beginning every day.

Read Read the selection, usually in a Shared Reading *Read React Predict Cycle* of 2-3 pages.

Read p. 11-21

Setting	Characters	Pages
School/fieldtrip	Caleb, Char, Maleeka, other kids	11-15
School	Miss Saunders and her class	16-21

RESPOND

Timeline Agree on the facts in today's reading and list the 3-5 most important on the timeline.

Students might mention:

- Caleb, the smartest boy in school, dates Maleeka.
- He ends up breaking up with her because she is teased so much.
- Maleeka does Char's homework so she is teased less.
- Miss Saunders answers questions about her face.
- She shares about her life.

EXPLORE

Analyze Analyze the key paragraph.

Key Paragraph, p. 21

"She's a big shot at an advertising agency downtown. A few months ago, her company and the school board came up with a new program that lets professionals take a leave of absence for a year to teach in inner-city schools..." (p. 21).

EXTEND

Write Have each student write a short product based on today's prompt to connect to the unit theme.

Miss Saunders shares a lot about herself with her students. What kind of courage does it take to tell people about yourself? Do you think Miss Saunders feels good about herself and is confident? **Write a paragraph explaining why or why not. Provide 2-3 examples from the reading to support your answer.**

Close Close by extending today's lesson to life and the world.

1. What is something you would like your class to know about you?
2. How can you be more confident in your life?

Character Based Literacy Program 40-Minute Lesson Plan

The Skin I'm In, Day 3



Outcomes for Today

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What are scholarships?

Scholarships are gifts. They don't need to be repaid. There are thousands of them, offered by schools, employers, individuals, private companies, nonprofits, communities, religious groups, and professional and social organizations.

You can learn about scholarships in several ways, including contacting the financial aid office at the school you plan to attend and checking information in a public library or online. But be careful. Make sure scholarship information and offers you receive are legitimate; and remember that you don't have to pay to find scholarships or other financial aid.

Source: <http://studentaid.ed.gov/types/grants-scholarships/finding-scholarships#how-do-i-find-scholarships>

Word Wall Here are five vocabulary words to teach and add to the Word Wall.

scholarship	drafty	tutoring	grumbling	chronicling
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READ

Review Review the timeline from the beginning every day.

Read Read the selection, usually in a Shared Reading *Read React Predict Cycle* of 2-3 pages.

Read p. 22-32

Setting	Characters	Pages
School	Char, Miss Saunders, Maleeka, classmates	22-32

RESPOND

Timeline Agree on the facts in today's reading and list the 3-5 most important on the timeline.

Students might mention:

- Maleeka's mother buys her some new clothes.
- Miss Saunders has her students write a creative diary entry and Maleeka's is the best.
- Char lies to Daphne and tells her Maleeka's been kissing her boyfriend.
- It is actually Char that has been kissing Worm.
- Daphne picks a fight with Maleeka.
- They both get sent to the office after Daphne ruins Maleeka's new shirt.

EXPLORE

Analyze Analyze the key paragraph.

Key Paragraph, p. 30

"Char's just standing there eating a candy bar like she's at the movies. I'm eyeing her, hoping maybe she'll jump in or at least say she was the one that was kissing Worm. She digs the chocolate out from between her teeth and takes another bite of candy" (p. 30).

EXTEND

Write Have each student write a short product based on today's prompt to connect to the unit theme.

How do you feel about Char's words and actions? Char uses Maleeka to do her homework for her, she teases her, and now she has lied to another person and gotten her in trouble. **Write a paragraph explaining why you think Char is acting this way? What kind of integrity does she have? How does Char's behavior impact the book?**

Close Close by extending today's lesson to life and the world.

1. What would you do if you were Maleeka?
2. How would you suggest Maleeka handle this conflict?

Character Based Literacy Program 40-Minute Lesson Plan

The Skin I'm In, Day 4



Outcomes for Today

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How to feel more confident at school?

1. Be yourself.
2. Improve your posture.
3. Smile
4. Chat with someone new and make new friends.
5. Organize hanging out with your schoolmates.
6. Move on from your mistakes.
7. Calmly stand up for yourself.
8. Talk to someone you trust to reduce anxiety.
9. Stand up to peer pressure.
10. Write down your good qualities.
11. Keep up your personal hygiene.

Word Wall Here are five vocabulary words to teach and add to the Word Wall.

concerned	threatens	payback	crouching	restriction
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READ

Review Review the timeline from the beginning every day.

Read Read the selection, usually in a Shared Reading *Read React Predict Cycle* of 2-3 pages.

Read p. 33-46

Setting	Characters	Pages
School office	Maleeka and teachers	33-37
Home and salon	Maleeka and Sweets	38-46

RESPOND

Timeline Agree on the facts in today's reading and list the 3-5 most important on the timeline.

Students might mention:

- Maleeka has to work in the school office as 'punishment' for getting in a fight.
- She overhears other teachers talking about how they do not like Miss Saunders teaching things that aren't in the prescribed curriculum.
- Maleeka's best friend Sweets comes over to hang out.
- Maleeka decides she is going to get her haircut very short.
- The women in the salon encourage her to carry herself with confidence (have attitude).

EXPLORE

Analyze Analyze the key paragraph.

Key Paragraph, p. 42

"I stare at myself for maybe twenty minutes in Daddy's mirror. I don't get it. I think I'm kind of nice-looking. Why don't other people what I see?" (p. 42).

EXTEND

Write Have each student write a short product based on today's prompt to connect to the unit theme.

"Integrity moves me to do difficult and new things."

Was cutting her hair a new thing? **Write a paragraph explaining how Maleeka's new haircut helps her look 'on the outside' like how she feels 'on the inside'. What does trying new things teach us? Is it possible to learn and grow without trying new things? What do the women at the salon mean when they encourage her to have *attitude*? Have you ever wanted to change your appearance so the outside matched the inside?**

Close Close by extending today's lesson to life and the world.

1. Describe a time when you dramatically changed your appearance.
2. How do you think appearance helps your confidence?

Character Based Literacy Program 40-Minute Lesson Plan

The Skin I'm In, Day 5



Outcomes for Today

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What is the stock market?

The stock market is an everyday term we use to talk about a place where stocks and bonds are "traded" – meaning bought and sold. For many people, that is the first thing that comes to mind for investing. The goal is to buy the stock, hold it for a time, and then sell the stock for more than you paid for it.

How long do you hang on to stock? Investors who hold stock for 15 years or more usually succeed in the market. Stocks are long-term investments. But there are no guarantees.

Companies sell stock to get money to –

- Research better ways to make things
- Create new products
- Improve the products they have
- Hire more employees
- Enlarge or modernize their buildings

So just as the federal government sells bonds to raise money, businesses raise money by selling stock.

How it works

When you buy stock, you become a shareholder, which means you now own a "part" of the company. If the company's profits go up, you "share" in those profits. If the

company's profits fall, so does the price of your stock. If you sold your stock on a day when the price of that stock falls below the price you paid for it, you would lose money.

Stock prices can rise and fall

In the stock market, prices rise and fall every day. When you invest in the stock market, you are hoping that over the years, the stock will become much more valuable than the price you paid for it.

Source: <http://www.themint.org/kids/what-is-the-stock-market.html>

Word Wall Here are five vocabulary words to teach and add to the Word Wall.

lame	drooping	quilt	invests	yank
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READ

Review Review the timeline from the beginning every day.

Read Read the selection, usually in a Shared Reading *Read React Predict Cycle* of 2-3 pages.

Read p. 47-53

Setting	Characters	Pages
School	Maleeka and classmates	47-49
Home	Maleeka and mother	50-53

RESPOND

Timeline Agree on the facts in today's reading and list the 3-5 most important on the timeline.

Students might mention:

- Students tease Maleeka for her new haircut.
- She has to pull herself together and not be intimidated.
- Maleeka gets ready for school and they eat breakfast.
- Maleeka reflects on her mother's morning habits.

EXPLORE

Analyze Analyze the key paragraph.

Key Paragraph, p. 50-51

"I push my way past that new shirt Momma made, and hope she don't ask me about it. I don't want to hurt her feelings, but one shoulder is higher than the other one. She fixed it three times already, but it just ain't working. I don't want to tell her that, though. Sweets asks me all the time why I don't just tell Momma I don't want to wear her stuff. But I can't. Momma needs to keep sewing. If she don't, I ain't sure what's gonna happen to her" (p. 50-51).

EXTEND

Write Have each student write a short product based on today's prompt to connect to the unit theme.

Write a paragraph explaining how Maleeka is a giving and *selfless* daughter. Provide three examples from the novel to support your answer. Write a second paragraph explaining what selfless things you have done for someone else.

Close Close by extending today's lesson to life and the world.

1. How can you be kinder to your family?
2. What would you do if you were Maleeka's mother?

Character Based Literacy Program 40-Minute Lesson Plan

The Skin I'm In, Day 6



Outcomes for Today

Standards Focus

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PREPARE

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Why do bullies bully?

People can direct frustrations, hurt, anger and difficulty at home or in class to you by bullying. Lack of attention from friends, parents or teachers can make a person bully you, just to feel popular and seen as 'tough' or 'cool' and in charge.

Some kids have learned bullying from others (parents, brothers or sisters, friends). They have seen them getting their way by being angry or pushing other people around. They believe that by putting fear in you, they will have the best shot at everything in school or in your neighborhood.

Some people also do that because they are victims themselves. Bad up-bringing at home can make people insensitive to other people's feelings and emotions. They are happy to see their classmate depressed, sad and hurt.

Watching a lot of violent films (movies and TV), and video games can make a person try out violent things. They usually try them out on people who appear smaller or weaker to them. Some young people are bullied for no particular reason, but sometimes it's because they are different in some way - perhaps it's the color of their skin, the way they talk, their size or their name. Sometimes young people are bullied because they look like they won't stand up for themselves.

Source: <http://eschooltoday.com/bullying/Why-do-people-bully.html>

Word Wall Here are five vocabulary words to teach and add to the Word Wall.

shavings	indescribable	twitches	bologna	holler
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READ

Review Review the timeline from the beginning every day.

Read Read the selection, usually in a Shared Reading *Read React Predict Cycle* of 2-3 pages.

Read p. 54-66

Setting	Characters	Pages
School	Char, Maleeka, John-John, Caleb, classmates	54-66

RESPOND

Timeline Agree on the facts in today's reading and list the 3-5 most important on the timeline.

Students might mention:

- Char is being totally unreasonable to the lunch ladies.
- Char bullies Maleeka for her homework.
- For the first time, Maleeka doesn't give Char everything she asks for.
- Maleeka confronts John-John about why he is always rude to her.

EXPLORE

Analyze Analyze the key paragraph.

Key Paragraph, p. 60

"I reach into my book bag and pull out some papers. Char and them are in a different math class than me. It's a class for kids who don't have a clue what's going on. I hand the homework to Raise. 'I didn't have time to do the social studies,' I say lying through my teeth. The social studies paper is still in my bag. It's the first time I don't give Char what she's asked for" (p. 60).

EXTEND

Write Have each student write a short product based on today's prompt to connect to the unit theme.

Maleeka's character is taking specific actions that demonstrate a transformation. **Write a paragraph explaining Maleeka's transformation. State three examples from the text to show the changes. What predictions do you have about this character?**

Close Close by extending today's lesson to life and the world.

1. How have you changed in the last year?
2. Describe what you would like to be like in a year from now.

Character Based Literacy Program 40-Minute Lesson Plan

The Skin I'm In, Day 7



Outcomes for Today

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Why does love make people crazy?

Romeo and Juliet is an example of love making people do crazy things. In William Shakespeare's *Romeo and Juliet*, a long feud between the Montague and Capulet families disrupts the city of Verona and causes tragic results for Romeo and Juliet. Revenge, love, and a secret marriage force the young star-crossed lovers to grow up quickly — and fate causes them to commit suicide in despair. Contrast and conflict are running themes throughout Shakespeare's play, *Romeo and Juliet* — one of the Bard's most popular romantic tragedies.

Source: <http://www.cliffsnotes.com/literature/r/romeo-and-juliet/romeo-and-juliet-at-a-glance>

Word Wall Here are five vocabulary words to teach and add to the Word Wall.

aisles	refused	dragging	mumbling	faking
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READ

Review Review the timeline from the beginning every day.

Read Read the selection, usually in a Shared Reading *Read React Predict Cycle* of 2-3 pages.

Read p. 67-79

Setting	Characters	Pages
School	Maleeka, Miss Saunders, classmates	67-79

RESPOND

Timeline Agree on the facts in today's reading and list the 3-5 most important on the timeline.

Students might mention:

- Classmates are discussing Romeo and Juliet.
- Maleeka shares insight of her family.
- Miss Saunders shares about her life before she was a teacher.

EXPLORE

Analyze Analyze the key paragraph.

Key Paragraph, p. 73-74

“The more she sewed them clothes, the better she got. She started picking up after herself. Got a job and all. No, ain't nothing good come from loving somebody so much you can't live without 'em,' I say. 'No good at all'” (p. 73-74).

EXTEND

Write Have each student write a short product based on today's prompt to connect to the unit theme.

Do you agree with Maleeka who says that it's not good to love someone so much that if they die you can't function any longer? **Write a paragraph explaining why or why not. Should there be a limit on how much we love others? Romeo and Juliet were willing to die for one another; is that extreme? Where does self-love enter into this equation?**

Close Close by extending today's lesson to life and the world.

1. What do you think of Miss Saunders?
2. How is she a good role model?

Character Based Literacy Program 40-Minute Lesson Plan

The Skin I'm In, Day 8



Outcomes for Today

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Why do people fear change?

For most, change represents the unknown and that's scary! We've been conditioned to believe that uncertainty is bad and that any situation that is unpredictable will have a negative outcome. What if you decided to expect the best in the face of uncertainty? How would your life be different if you engaged with change in a way that had you not only following its natural rhythms but actually welcoming it?

Source: <http://www.suemckee.com/2012/02/23/3-reasons-people-hate-change/>

Word Wall Here are five vocabulary words to teach and add to the Word Wall.

disrupting	high-tail	tending	fess	unusual
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READ

Review Review the timeline from the beginning every day.

Read Read the selection, usually in a Shared Reading *Read React Predict Cycle* of 2-3 pages.

Read p. 80-90

Setting	Characters	Pages
School	Char, Maleeka, office staff	80-84

Home	Maleeka, mom	85-87
Char's house	Char, JuJu, friends	87-90

RESPOND

Timeline Agree on the facts in today's reading and list the 3-5 most important on the timeline.

Students might mention:

- Maleeka continues to overhear teachers and parents complaining about Miss Saunders.
- Maleeka is enjoying doing her homework for Miss Saunders.
- Maleeka helps out with the housework and then leaves to visit Char.
- Char's older sister is having a big party.
- Maleeka feels uncomfortable after awhile and leaves.

EXPLORE

Analyze Analyze the key paragraph.

Key Paragraph, p. 80

"Miss Saunders has really got all the other teachers stirred up...Every day, she's coming to me with some new idea she came up with. Questioning why things can't be done differently...You get her inline, Charles. She is disrupting everything" (p. 80).

EXTEND

Write Have each student write a short product based on today's prompt to connect to the unit theme.

Do you think Miss Saunders has really done something wrong or she just wants to do things better and people are resisting change? **Write a paragraph explaining why you believe she just wants to do things better and why you think people are resisting change.**

When answering the question above, consider the following:

- Why would people want to keep things like they are and not change, even if change would improve the situation?
- What keeps people stuck in old patterns?
- Drawing on what you learned 2nd quarter in the unit *change requires effort*, what does the school need that would help promote positive change?

Close Close by extending today's lesson to life and the world.

1. What changes would you like to see in your school or home?
2. How can you put effort into making those changes?

Character Based Literacy Program 40-Minute Lesson Plan

The Skin I'm In, Day 9



Outcomes for Today

Standards Focus

W2. Write informative/explanatory texts to examine a topic and convey ideas, concepts, and information through the selection, organization, and analysis of relevant content.

- a.) Introduce a topic clearly, previewing what is to follow; organize ideas, concepts, and information, using strategies such as definition, classification, comparison/contrast, and **cause/effect**; include formatting (e.g., headings), graphics (e.g., charts, tables), and multimedia when useful to aiding comprehension.
- b.) Develop the topic with relevant facts, definitions, concrete details, quotations, or other information and examples.
- c.) Use appropriate transitions to create cohesion and clarify the relationships among ideas and concepts.
- d.) Use precise language and domain-specific vocabulary to inform about or explain the topic.
- e.) Establish and maintain a formal style.
- f.) Provide a concluding statement or section that follows from and supports the information or explanation presented.

PREPARE

Background Gather background knowledge about a place, time, event, person, or thing.



Integrity Requires Wholeness. Integrity requires that the way I live my life is whole, entire, undivided, sound, coherent and principled. Integrity moves me to do difficult and new things, not just easy and accustomed things.

How do you know if you are hanging out with the right crowd?

1. These friends believe in your abilities to accomplish your dreams.
2. These friends support you for who YOU are.
3. These friends are positive.
4. These friends build your confidence.
5. These friends find beauty just the way you are.
6. These friends are there when you need them most.

Source: <http://www.marcandangel.com/2014/01/22/7-signs-youre-hanging-with-the-wrong-crowd/>

Word Wall Here are five vocabulary words to teach and add to the Word Wall.

hassling	vacant	ignore	gutted	mangy
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READ

Review Review the timeline from the beginning every day.

Read Read the selection, usually in a Shared Reading *Read React Predict Cycle* of 2-3 pages.

Read p. 91-103

Setting	Characters	Pages
Walking home	Maleeka and 2 boys	91-95

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School	Maleeka, Char, girls	96-103
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RESPOND

Timeline Agree on the facts in today's reading and list the 3-5 most important on the timeline.

Students might mention:

- Two boys on her walk home from Char's house bully Maleeka.
- She fights to get free and runs all the way home.
- She does not want to tell her mother.
- Char orders Maleeka to meet her in the bathroom and lights one of her pages of writing on fire.
- Char starts smoking and writing on the bathroom wall.
- Miss Saunders comes in and finds them all and takes them to the office.

EXPLORE

Analyze Analyze the key paragraph.

Key Paragraph, p. 103

"Miss Saunders says we were cutting class in the bathroom, smoking, destroying property. Dag, I'm thinking, it wasn't like Char was ripping out the sink. She was just writing her name on the wall with a marker. Just letting people know she'd been there" (p. 103).

EXTEND

Write Have each student write a short product based on today's prompt to connect to the unit theme.

Maleeka seems to be struggling with who she wants to be. Char doesn't treat Maleeka well, yet Maleeka continues to defend her. **Write a paragraph explaining to Maleeka why she should stop hanging out with Char. Is Char a good influence who wants the best for Maleeka? Does Char act with integrity? How does Char help Maleeka become a better person? Do you surround yourself with people who truly want the best for you?**

Close Close by extending today's lesson to life and the world.

1. How do you help your friends become better people?
2. Describe a friendship that got you in trouble.

Character Based Literacy Program 40-Minute Lesson Plan

The Skin I'm In, Day 10



Outcomes for Today

Standards Focus

W2. Write informative/explanatory texts to examine a topic and convey ideas, concepts, and information through the selection, organization, and analysis of relevant content.

- a.) Introduce a topic clearly, previewing what is to follow; organize ideas, concepts, and information, using strategies such as definition, classification, comparison/contrast, and **cause/effect**; include formatting (e.g., headings), graphics (e.g., charts, tables), and multimedia when useful to aiding comprehension.
- b.) Develop the topic with relevant facts, definitions, concrete details, quotations, or other information and examples.
- c.) Use appropriate transitions to create cohesion and clarify the relationships among ideas and concepts.
- d.) Use precise language and domain-specific vocabulary to inform about or explain the topic.
- e.) Establish and maintain a formal style.
- f.) Provide a concluding statement or section that follows from and supports the information or explanation presented.

PREPARE

Background Gather background knowledge about a place, time, event, person, or thing.



Integrity Requires Wholeness. Integrity requires that the way I live my life is whole, entire, undivided, sound, coherent and principled. Integrity moves me to do difficult and new things, not just easy and accustomed things.

What does it mean to be a perfectionist?

A perfectionist is a person who strives for or demands the highest standards of excellence in work, etc.

Source: <http://dictionary.reference.com/browse/perfectionist>

Word Wall Here are five vocabulary words to teach and add to the Word Wall.

doodle	persistent	lectures	insists	rehearse
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READ

Review Review the timeline from the beginning every day.

Read Read the selection, usually in a Shared Reading *Read React Predict Cycle* of 2-3 pages.

Read p. 104-115

Setting	Characters	Pages
School	Maleeka, Caleb, Miss Saunders, Tai	104-115

RESPOND

Timeline Agree on the facts in today's reading and list the 3-5 most important on the timeline.

Students might mention:

- Caleb asks Maleeka for forgiveness for abandoning her on the bus.
- She wonders whether he will let her down again.
- Maleeka overhears Miss Saunders and Tai talking.
- Tai tells her not to be such a perfectionist and to loosen up a bit.

EXPLORE

Analyze Analyze the key paragraph.

Key Paragraph, p. 114-115

“Then Miss Saunders says she always had to be better than everyone else at everything, because people always thought she was less-than due to her face. She says she’s always had to dress better. To get the highest grades and be the most creative” (p. 114-115).

EXTEND

Write Have each student write a short product based on today’s prompt to connect to the unit theme.

Write 1-2 paragraphs explaining why Miss Saunders is a perfectionist? Answer the following questions in your writing. Does the new information you learn about Miss Saunders change your impression of her? Do you agree with Tai’s advice to her to lessen the pressure she puts on herself and others? Would people’s opinion of you be different if they knew your full story? What kind of pressure do you put on yourself to be perfect?

Close Close by extending today’s lesson to life and the world.

1. Describe a time when you forgave someone?
2. How has your appearance shaped your life?

Character Based Literacy Program 40-Minute Lesson Plan

The Skin I'm In, Day 11



Outcomes for Today

Standards Focus

W2. Write informative/explanatory texts to examine a topic and convey ideas, concepts, and information through the selection, organization, and analysis of relevant content.

- a.) Introduce a topic clearly, previewing what is to follow; organize ideas, concepts, and information, using strategies such as definition, classification, comparison/contrast, and **cause/effect**; include formatting (e.g., headings), graphics (e.g., charts, tables), and multimedia when useful to aiding comprehension.
- b.) Develop the topic with relevant facts, definitions, concrete details, quotations, or other information and examples.
- c.) Use appropriate transitions to create cohesion and clarify the relationships among ideas and concepts.
- d.) Use precise language and domain-specific vocabulary to inform about or explain the topic.
- e.) Establish and maintain a formal style.
- f.) Provide a concluding statement or section that follows from and supports the information or explanation presented.

PREPARE

Background Gather background knowledge about a place, time, event, person, or thing.



Integrity Requires Wholeness. Integrity requires that the way I live my life is whole, entire, undivided, sound, coherent and principled. Integrity moves me to do difficult and new things, not just easy and accustomed things.

How to not let words hurt you?

A lot of times people's words hurt us because we did not do a thing about it. We didn't stand up for ourselves. You may think, "Oh I just didn't want to cause trouble," or "It just wasn't worth it". But you may not realize that you're simply repressing yourself. And when you're repressed, you feel a void. That's where the hurt comes from.

To not let others hurt you, you ought to stand up for yourself and make a retort when you disagree with what they say. This allows for expression, which pretty much helps to clear up the negativity inside you. Trust me — it will make you feel a lot better when you express yourself. You will at least know that you did your best and everything you could against things you disagree with.

Source: <http://www.lifehack.org/articles/communication/how-to-not-let-words-hurt-you.html>

Word Wall Here are five vocabulary words to teach and add to the Word Wall.

crumpled	certificate	fidgeting	stiffens	hunches
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READ

Review Review the timeline from the beginning every day.

Read Read the selection, usually in a Shared Reading *Read React Predict Cycle* of 2-3 pages.

Read p. 116-125

Setting	Characters	Pages
School	Maleeka and Miss Saunders	116-120
Home	Maleeka and mom	121-125

RESPOND

Timeline Agree on the facts in today's reading and list the 3-5 most important on the timeline.

Students might mention:

- Maleeka and Miss Saunders have a chat after school.
- Maleeka discovers that her father wrote a poem about her.

EXPLORE

Analyze Analyze the key paragraph.

Key Paragraph, p. 124

"Brown, Beautiful, Brilliant, My my Maleeka is Brown, Beautiful, Brilliant, Mine" (p. 124).

EXTEND

Write Have each student write a short product based on today's prompt to connect to the unit theme.

Write a paragraph or two explaining the importance of family. How do you think it felt for Maleeka to find a poem about her by her dead father? What feelings and thoughts come to you when you read the poem?

Close Close by extending today's lesson to life and the world.

1. What gifts do you value from your parents?
2. How do you think this poem will help Maleeka's confidence?

Character Based Literacy Program 40-Minute Lesson Plan

The Skin I'm In, Day 12



Outcomes for Today

Standards Focus

W2. Write informative/explanatory texts to examine a topic and convey ideas, concepts, and information through the selection, organization, and analysis of relevant content.

- a.) Introduce a topic clearly, previewing what is to follow; organize ideas, concepts, and information, using strategies such as definition, classification, comparison/contrast, and **cause/effect**; include formatting (e.g., headings), graphics (e.g., charts, tables), and multimedia when useful to aiding comprehension.
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- c.) Use appropriate transitions to create cohesion and clarify the relationships among ideas and concepts.
- d.) Use precise language and domain-specific vocabulary to inform about or explain the topic.
- e.) Establish and maintain a formal style.
- f.) Provide a concluding statement or section that follows from and supports the information or explanation presented.

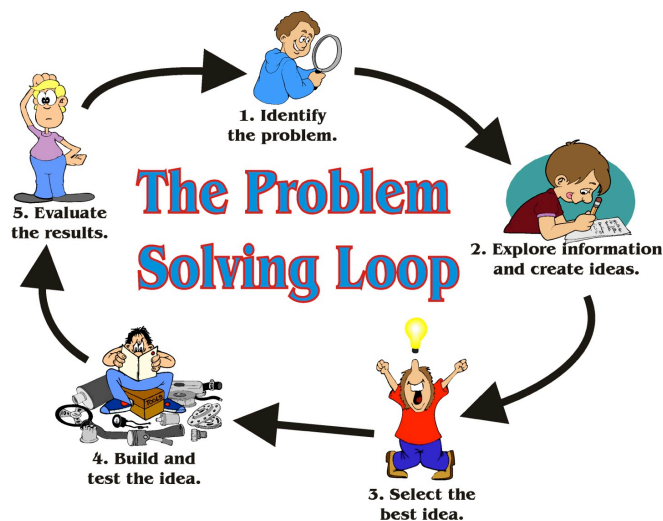
PREPARE

Background Gather background knowledge about a place, time, event, person, or thing.



Integrity Requires Wholeness. Integrity requires that the way I live my life is whole, entire, undivided, sound, coherent and principled. Integrity moves me to do difficult and new things, not just easy and accustomed things.

How do you solve problems?



Source: <http://www.drblog.com/can-technology-solve-big-problems/>

Word Wall Here are five vocabulary words to teach and add to the Word Wall.

rushing	gavel	majesty	swishes	stomping
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READ

Review Review the timeline from the beginning every day.

Read Read the selection, usually in a Shared Reading *Read React Predict Cycle* of 2-3 pages.

Read p. 126-136

Setting	Characters	Pages
School	Maleeka, Char, Miss Saunders, JuJu	126-136

RESPOND

Timeline Agree on the facts in today's reading and list the 3-5 most important on the timeline.

Students might mention:

- Maleeka enters a writing contest.
- JuJu comes to school and yells at Miss Saunders for Char's bad grades.
- Char vows to seek revenge on Miss Saunders.
- Maleeka does not want to get into any more trouble but doesn't see a way out of the problem.
- Caleb tells Maleeka that Char is a bad influence.

EXPLORE

Analyze Analyze the key paragraph.

Key Paragraph, p. 136

"My heart starts beating fast and wild. I know Char's plan ain't gonna mean nothing but trouble for me. But I got to go along, anyhow. Nobody ever turns their back on Char. Not unless they're tired of living or something stupid like that" (p. 136).

EXTEND

Write Have each student write a short product based on today's prompt to connect to the unit theme.

What would you tell Maleeka to do if you were her friend, especially because now Char is thinking about doing things that could really get Maleeka in deeper trouble.

Write an informative paragraph in which you explain why Maleeka should stay away from Char. Describe how Maleeka can use the problem solving steps to confront Char instead of going along with her?

Close Close by extending today's lesson to life and the world.

1. Describe a time when you tried to warn someone.
2. What would you do if you were Maleeka?

Character Based Literacy Program 40-Minute Lesson Plan

The Skin I'm In, Day 13



Outcomes for Today

Standards Focus

W2. Write informative/explanatory texts to examine a topic and convey ideas, concepts, and information through the selection, organization, and analysis of relevant content.

- a.) Introduce a topic clearly, previewing what is to follow; organize ideas, concepts, and information, using strategies such as definition, classification, comparison/contrast, and **cause/effect**; include formatting (e.g., headings), graphics (e.g., charts, tables), and multimedia when useful to aiding comprehension.
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- e.) Establish and maintain a formal style.
- f.) Provide a concluding statement or section that follows from and supports the information or explanation presented.

PREPARE

Background Gather background knowledge about a place, time, event, person, or thing.



Integrity Requires Wholeness. Integrity requires that the way I live my life is whole, entire, undivided, sound, coherent and principled. Integrity moves me to do difficult and new things, not just easy and accustomed things.

What is the story of Ali Baba and the Forty Thieves?

Ali Baba, a poor woodcutter was in the forest when he saw forty thieves stop in front of a cave.

The leader said “Open Sesame!” and before Ali Baba’s amazed eyes the sealed mouth of the cave magically opened and the men disappeared inside. To come out and close the entrance, the leader said “Close Sesame” and the cave sealed itself once more. Trembling with excitement Ali Baba waited till the thieves had left and then entered the cave after saying the magic words. To his delight he found lots of treasure.

Ali Baba told his brother Kasim about the wondrous cave. Kasim set off to get some treasure for himself too. Sadly, he forgot the words to leave the cave and the thieves killed him. Ali Baba discovered his brother’s body in the cave. With the help of a slave girl called Morgiana, he was able to take Kasim’s body back home and bury it.

Realising that someone else knew about their cave the thieves tracked Ali Baba down. The leader, disguised as an oil seller stayed with Ali Baba. He had brought along mules loaded with forty oil jars containing the other thieves. Clever Morgiana knew who the oil seller really was and poured boiling oil into the jars killing the other thieves. While dancing in front of the leader of the thieves Morgiana stabbed him. Ali Baba was saved and lived happily ever after.

Source: <http://shortstoriesshort.com/story/ali-baba-and-the-forty-thieves/>

Word Wall Here are five vocabulary words to teach and add to the Word Wall.

jabs	sizzling	stationhouse	creak	racket
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READ

Review Review the timeline from the beginning every day.

Read Read the selection, usually in a Shared Reading *Read React Predict Cycle* of 2-3 pages.

Read p. 137-146

Setting	Characters	Pages
School	Char, Maleeka, the twins	137-143
Home	Maleeka and mom	144-146

RESPOND

Timeline Agree on the facts in today's reading and list the 3-5 most important on the timeline.

Students might mention:

- Maleeka sneaks out of her house and walks to school to meet Char early in the morning.
- She is afraid of being beaten up if she doesn't.
- Char makes her vandalize Miss Saunders room and light some things on fire.
- The curtains catch fire and they all run out, leaving Maleeka to be seen by the janitor.

EXPLORE

Analyze Analyze the key paragraph.

Key Paragraph, p. 142

"She's the first to run. I'm the last. I'm grabbing hold of the bag of clothes she brought me. When I pick it up, the bag rips and the clothes fall out. I'm shoving them back in and trying to run at the same time. Clothes are dropping with every step I take. I janitor is yelling my name..." (p. 142).

EXTEND

Write Have each student write a short product based on today's prompt to connect to the unit theme.

Write a paragraph explaining how the author creates suspense within these chapters? Think about word choice and sentence fluency. How does she make it sound? Provide 1-2 quotes from the chapter to support your explanation.

Close Close by extending today's lesson to life and the world.

1. Describe something that you regret.
2. How can Maleeka make up for her poor choices?

Character Based Literacy Program 40-Minute Lesson Plan

The Skin I'm In, Day 14



Outcomes for Today

Standards Focus

W2. Write informative/explanatory texts to examine a topic and convey ideas, concepts, and information through the selection, organization, and analysis of relevant content.

- a.) Introduce a topic clearly, previewing what is to follow; organize ideas, concepts, and information, using strategies such as definition, classification, comparison/contrast, and **cause/effect**; include formatting (e.g., headings), graphics (e.g., charts, tables), and multimedia when useful to aiding comprehension.
- b.) Develop the topic with relevant facts, definitions, concrete details, quotations, or other information and examples.
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- d.) Use precise language and domain-specific vocabulary to inform about or explain the topic.
- e.) Establish and maintain a formal style.
- f.) Provide a concluding statement or section that follows from and supports the information or explanation presented.

PREPARE

Background Gather background knowledge about a place, time, event, person, or thing.



Integrity Requires Wholeness. Integrity requires that the way I live my life is whole, entire, undivided, sound, coherent and principled. Integrity moves me to do difficult and new things, not just easy and accustomed things.

Taking responsibility for your actions

"The willingness to accept responsibility for one's own life is the source from which self-respect springs." - Joan Didion

"Errors are inevitable. The mark of character is not refusing to recognize them, but acknowledging them and taking responsibility." - Andrew Sullivan

"Success on any major scale requires you to accept responsibility. In the final analysis, the one quality that all successful people have is the ability to take responsibility." - Michael Korda

"The more you are willing to accept responsibility for your actions, the more credibility you will have" -Brian Koslow

"I believe that we are solely responsible for our choices, and we have to accept the consequences of every deed, word, and thought throughout our lifetime." Elisabeth Kubler-Ross

"Peak performance begins with your taking complete responsibility for your life and everything that happens to you."- Brian Tracy

"If you take responsibility for yourself you will develop a hunger to accomplish your dreams." -Les Brown

Source: <http://www.audreymarlene-lifecoach.com/taking-responsibility.html>

Word Wall Here are five vocabulary words to teach and add to the Word Wall.

suspended	expelled	yanking	peeling	switch
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READ

Review Review the timeline from the beginning every day.

Read Read the selection, usually in a Shared Reading *Read React Predict Cycle* of 2-3 pages.

Read p. 147-161

Setting	Characters	Pages
Home	Maleeka and mom	147-151
Neighborhood	Maleeka, John-John, others	152-158
Home	Maleeka, mom	158-161

RESPOND

Timeline Agree on the facts in today's reading and list the 3-5 most important on the timeline.

Students might mention:

- Char calls Maleeka and asks her not to turn her in.
- Maleeka agrees.
- Maleeka's mother tells her she needs to make \$2000 to pay the school back.
- John-John gets beaten up out in the neighborhood.
- Maleeka tries to fend the boys off.
- Others come to the rescue.
- Maleeka wins the writing contest.

EXPLORE

Analyze Analyze the key paragraph.

Key Paragraph, p. 153

"'Least you're keeping your mouth shut,' he says, chewing on the gum. 'Squealing on your friends ain't even cool'" (p. 153).

EXTEND

Write Have each student write a short product based on today's prompt to connect to the unit theme.

Write a paragraph to describe the irony between John-John's statement to Maleeka and the actions that got him beaten up.

Close Close by extending today's lesson to life and the world.

1. What would you do if you were John-John?
2. How are you a good friend?

Character Based Literacy Program 40-Minute Lesson Plan

The Skin I'm In, Day 15



Outcomes for Today

Standards Focus

W2. Write informative/explanatory texts to examine a topic and convey ideas, concepts, and information through the selection, organization, and analysis of relevant content.

- a.) Introduce a topic clearly, previewing what is to follow; organize ideas, concepts, and information, using strategies such as definition, classification, comparison/contrast, and **cause/effect**; include formatting (e.g., headings), graphics (e.g., charts, tables), and multimedia when useful to aiding comprehension.
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- e.) Establish and maintain a formal style.
- f.) Provide a concluding statement or section that follows from and supports the information or explanation presented.

PREPARE

Background Gather background knowledge about a place, time, event, person, or thing.



Integrity Requires Wholeness. Integrity requires that the way I live my life is whole, entire, undivided, sound, coherent and principled. Integrity moves me to do difficult and new things, not just easy and accustomed things.

How to avoid lying?

Think long-term. When you're tempted to be less than truthful, consider your ultimate goal: to have a happy and solid friendship. Then, when torn between fact and fiction, ask yourself, "Which will put me closer to my goal?" Usually the choice is clear.

Keep it simple. Most of the time, a short apology is all that's needed, and you can omit some details without sacrificing the truth. Something like "Sorry that I didn't call you back sooner" is usually sufficient and effective.

Word Wall Here are five vocabulary words to teach and add to the Word Wall.

nervous	firsthand	situation	snatch	arranged
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READ

Review Review the timeline from the beginning every day.

Read Read the selection, usually in a Shared Reading *Read React Predict Cycle* of 2-3 pages.

Read p. 162-171

Setting	Characters	Pages
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Home	Mom, Maleeka, Miss Saunders	162-164
School	Maleeka, Char, Miss Saunders, classmates	165-171

RESPOND

Timeline Agree on the facts in today's reading and list the 3-5 most important on the timeline.

Students might mention:

- Miss Saunders visits Maleeka at home and asks for the truth.
- Maleeka still covers up for Char.
- Miss Saunders has Maleeka come back to school.
- Finally, Maleeka stands up for herself and tells the truth.
- Char is expelled and sent to Alabama.
- Caleb asks Maleeka out.

EXPLORE

Analyze Analyze the key paragraph.

Key Paragraph, p. 167

“Call me by my name! I am not ugly. I am not stupid. I am Maleeka Madison, and, yeah, I’m black, real black, and if you don’t like me, too bad ‘cause black is the skin I’m in!’ I yell. ‘No matter what you think, Charlese Jones, you’re ten times worse. I would never force someone to burn down a classroom, or pick on kids weaker than me, or say words so mean they make people bleed inside’” (p. 167).

EXTEND

Write Have each student write a short product based on today's prompt to connect to the unit theme.

Maleeka stands up for herself. How did it feel for you as the reader to finally have her speak up? **Write 2-3 paragraphs to explain what Maleeka had learned throughout the course of the novel? In what way does her story echo the integrity requires wholeness theme? *Integrity moves me to do difficult and new things, not just easy and accustomed things.* Describe the ways Maleeka embodies this theme.**

Close Close by extending today's lesson to life and the world.

1. Describe the time when you covered from someone.
2. What do you think will happen next for Maleeka?